

Bio for Andy Bernstein, PhD, CPRP

Andy is a clinical and community psychologist with a long-term interest in the consumer movement and in peer support as a helping paradigm and an evolving discipline and workforce. His doctoral dissertation in the 1980's was on the development of self-help groups, and he has been closely involved with iNAPS starting with its first conference in Denver in 2006. Andy is a Clinical Professor in the University of Arizona's Department of Family and Community Medicine (FCM), where he supervises interns and residents in their communication skills with patients, and he serves as Clinical Director of Camp Wellness, a recovery-oriented adult education program which employs peers as Health Mentors to teach health and wellness knowledge and skills to people in Arizona's Medicaid-funded SMI entitlement program. He currently sits on iNAPS' Board of Directors, the Boards of Directors of the Psychiatric Rehabilitation Association (PRA) and the Arizona Association of Psychiatric Rehabilitation Practitioners (AAPRP), and the Governing Board of Arizona's Peer and Family Career Academy (PFCA).