

Vince Caimano

Vince Caimano is the Co-Founder and CEO of Peer Support Solutions. In 2003, as a peer, he was one of the first instructors of Mindfulness-Based Cognitive Therapy for Depression in the United States. The next year Vince started a successful face-to-face support group and periodically taught MBCTD. In 2009 he pioneered the use of video-chat based meetings for peer support. PSS's Support Groups Central platform, now helps individuals from over 130 countries. The groups assist people with behavioral health, chronic illness and rare disease issues. Most of the over 250 monthly meetings are sponsored by nonprofit organizations and some by healthcare companies.

Vince has been an invited presenter at many conferences, including four times at the Alternatives Annual Conference and three SAMHSA Behavioral Health and Technology Summit meetings. He has held executive and leadership roles at global consulting firms such as Accenture, Watson Wyatt, Towers Perrin and Opinion Research Corporation. His practice areas have included strategy clarification / implementation, performance management and development, executive coaching, employee research and leadership development. Vince was also COO for Amor Ministries, an organization that at that time worked with 25,000 participants to build home for 1,100 families a year. Earlier in his career he served as an HR and IT executive in a \$7 billion aerospace company and he also founded and led the HR Strategy Forum, a professional organization for HR executives in California.

Vince earned his PhD in Organizational Psychology from Washington University in St. Louis and his BA in Psychology with a Business minor at the University of South Florida. He lives with his wife, near his daughters and their families in Pasadena California.