

Martha Barbone

Martha received her BS and DVM from Colorado State University. She spent twelve years in the US Air Force before being sidelined by a diagnosis of depression and PTSD. After several years including multiple hospitalizations, medications and other treatments, she was introduced to peer support. This led to newfound hope and discovery of inner strength. She served as the director of the Certified Peer Specialist (CPS) Training for Massachusetts for four years. In addition to CPS training, Martha is a certified WRAP facilitator, Alternatives to Suicide Facilitator and Trainer, Hearing Voices Network facilitator, and SAMHSA Recovery to Practice Next Steps facilitator. She also facilitates Alternatives to Violence workshops in several state prisons. Martha is a member of the advisory board for the VA Healthcare and Implementation Research (CHOIR) program and served as a consultant and editor on a recently published article, "Establishing a Research Agenda for Understanding the Role and Impact of Mental Health Peer Specialists", by Cinman et al. Currently Martha is a peer specialist at Brigham and Women's Faulkner hospital. Her passion today is sharing this hope with others and working to reduce the trauma associated with inpatient psychiatric treatment.