Hearing Voices Resources:

Hearing Voices Network USA [http://www.hearingvoicesusa.org/] (Find a Group and Online Groups)

Intervoice (The International Hearing Voices Network) [http://www.intervoiceonline.org/]

Living with Voices: 50 Stories of Recovery by Marius Romme, Sandra Escher, Jacqui Dillon, Dirk Corstens, Mervyn Morris

Rachel Waddingham: Behind the Label [http://www.behindthelabel.co.uk/]

Ted Talk by Eleanor Longden – The Voices in my head [https://www.ted.com/talks/eleanor_longden_the Voices_in_my_head?language=en]

The Body Keeps the Score: Brain, Mind, and Body in the Healing of Trauma by Bessel Van der Kolk