

Hearing Voices Resources:

Hearing Voices Network USA <http://www.hearingvoicesusa.org/> (Find a Group and Online Groups)

Intervoice (The International Hearing Voices Network)  
<http://www.intervoiceonline.org/>

Living with Voices: 50 Stories of Recovery by Marius Romme, Sandra Escher, Jacqui Dillon, Dirk Corstens, Mervyn Morris

Rachel Waddingham: Behind the Label <http://www.behindthelabel.co.uk/>

Ted Talk by Eleanor Longden – The Voices in my head  
[https://www.ted.com/talks/eleanor\\_longden\\_the\\_voices\\_in\\_my\\_head?language=en](https://www.ted.com/talks/eleanor_longden_the_voices_in_my_head?language=en)

The Body Keeps the Score: Brain, Mind, and Body in the Healing of Trauma by Bessel Van der Kolk