



## Help Needed for Online Survey

### What does it involve?

- ♦ Participating in a brief online survey of about 20-30 minutes about experiences of making lifestyle changes to improve physical health

### Who can participate?

- Are you 18 years or older?
- Do you have a psychiatric condition?
- Are you located in the United States?
- Have you tried making lifestyle changes or participated in a program to improve your physical health?

If yes, please go to the link below for more information and to complete the survey:

[https://bostonu.qualtrics.com/jfe/form/SV\\_5bU5OIBQD1UEm2h](https://bostonu.qualtrics.com/jfe/form/SV_5bU5OIBQD1UEm2h)

### Other information-

- ♦ You will be compensated for your time

If you have more questions, please contact-

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