

## Amey Dettmer

Amey Dettmer is a Certified Peer Specialist, raised in rural Pennsylvania, now residing in the mountains of Vermont. Amey is currently the Program Manager of Doors to Wellbeing National Consumer Technical Assistance Center, a program of the Copeland Center for Wellness and Recovery. Doors to Wellbeing places program focus on the national growth of the peer workforce. Previously, Amey has been employed as a CPS supervisor and as a CPS providing direct peer support. As a mental health advocate, she has been filmed for public service announcements and featured on the front page of her local newspaper, giving voice to the importance of peer support and the possibilities of recovery and wellness. Amey is a person who credits her own wellness to the connection, mutual learning, and understanding that began in her life once she was introduced to like-minded peer supporters, wanting to impact changes within our mental health system. Amey became actively involved in youth leadership initiatives nationwide, participating in National Youth Advisory Councils, creating youth-developed and youth-led peer support curriculums, implementing a National Youth Convergence, and Co-chairing the International Association of Peer Supporters (INAPS) Youth and Young Adult Peer Support Committee. In December of 2018, Amey was awarded the “Disruptive Innovator Award” as INAPS recognized her for her leadership, honoring her as a young adult who has made a significant transformative contribution to the field of Peer Support through leadership, programming, and activism. Amey serves as a Board Member of INAPS.